

OVERBITE CORRECTING APPLIANCE INSTRUCTIONS

The custom measured class II correction device or “springs” that was received today will supply the needed pressure to reposition the teeth and help correct your overbite.

Basic Instructions to follow:

- Some temporary discomfort may be experienced during the next 3-5 days.
- Take Acetaminophen (Tylenol) or Ibuprofen (Advil) as needed for discomfort.
- It is likely you may need to use wax on the arms where they touch your cheeks.
- Please limit how far you open your mouth because the appliance can come apart. If that should happen you should be able to open far enough again to put it back together. (Limit large opening movements such as yawning)
- If the appliance becomes loose or broken please contact our office to schedule an appointment. **If possible please save all parts that are broken and bring to your appointment.**

Typically most patients wear the appliance for approximately six months.